



HAMILTON

AQUATICS



Hamilton Aquatics Rubber Duck Entry Pack

17 May 2024

Pool: 25m, 8 lane pool

Location: Hamdan Sports Complex

Entry deadline: 1 May 2024 12 midday (Dubai)



Entry Information

Age Group

Girls: 7/under*, 8, 9, 10, 11-12

Boys: 7/under*, 8, 9, 10, 11-12

*Minimum age 6

Age on last day of Gala

Events

25m butterfly, 50m on all strokes &
100m Freestyle (8/over)

25m butterfly, 50m on all strokes (8/under)

All events will be heat declared winner.

Awards

Rubber Ducks for 1st to 3rd

Speeding tickets for swimmers who exceed the cut
off times

Speeding Tickets

Swimmers who exceed the advertised speed limits
will receive a

speeding ticket and will not be eligible to receive a
medal.

Swimmers receiving a speeding ticket will be
indicated in the results by an 'SL' next to their
name.

Entry Fees

(Inclusive of VAT)

AED 45 per event (for teams entering using
Hy-Tek)

AED 55 per event (for paper entries)

**Instructions on entering using Hy-Tek are
available on the Hamilton Aquatics website
[here.](#)**



Event Information

Entries

Team entries should be made using Hy-Tek and sent via email to competitions@hamiltonaquatics.ae

The entry file is available on request.

All individual entries **MUST** be made via email to competitions@hamiltonaquatics.ae. Entry forms are available on request.

All entries **MUST** have a proof of time and should be sent with the entries.

By submitting entry, participants agree to the conditions of entry for the competition and the [Hamilton Aquatics Promoters Conditions](#).

Entry conditions

Swimmers must have a recorded time to be considered for entry.

In the event of oversubscription, the slowest swimmers in each age group, in each event, will be rejected – this applies to visiting clubs only.

Payments

A single payment covering all entries must be made by each entering club or individual.

Payments must be made in advance via Bank

Transfer or by a cheque and delivered to Hamilton Aquatics Office at 604 Detroit

House Building, Motor City, Dubai.

Cheques must be made payable to “Hamilton Aquatics Swimming Training”

Bank transfer information is noted on the invoice.

Cash payments will not be accepted on event day.

Coach passes

AED 25 for the weekend including 1 full set of start sheets.

One **FREE** coach pass will be issued per academy.

If you require more coach passes, please email competitions@hamiltonaquatics.ae.

Coach passes are for coaches only and cannot be shared.

Coaches must wear the coach pass provided at all times.

Entered teams must have one coach attending for every 15 swimmers. One **FREE** Coach pass will be issued per entered team. Teams will be issued and charged for 1 additional coach pass for every 15 additional swimmers or part thereof. Team managers, strength and conditioning coaches, masseuses and other team staff all require a coach pass to access the swimmers area and poolside.

Please note that Coach passes will only be issued with a valid UAE swimming federation membership or proof of local Swimming Federation membership. Any coach pass purchased on the day will be subject to an additional AED 50 administration fee.

Warm-ups

Full details will be available together with final information.

Spectators

(inclusive of VAT)

AED 30 per session (Children under 12 years are free)

Spectator tickets must be purchased in advance, via the following link (tickets will be released one week prior to the event): <https://esm.ae/login>

Meet Mobile

The Meet Mobile App is free to download from the Apple App Store (iPhone Apps) and Google Play and will allow access to heat sheets and results throughout the weekend. **Please note that this is not a free App.**

All swimmers entering Hamilton Aquatics Competitions with a UAE based club should be registered with the UAE Swimming Federation. Overseas swimmers should be registered with the Swimming Federation or National Governing Body with which their club is affiliated. Hamilton Aquatics reserve the right to reject entries if either of these stipulations are not adhered to.

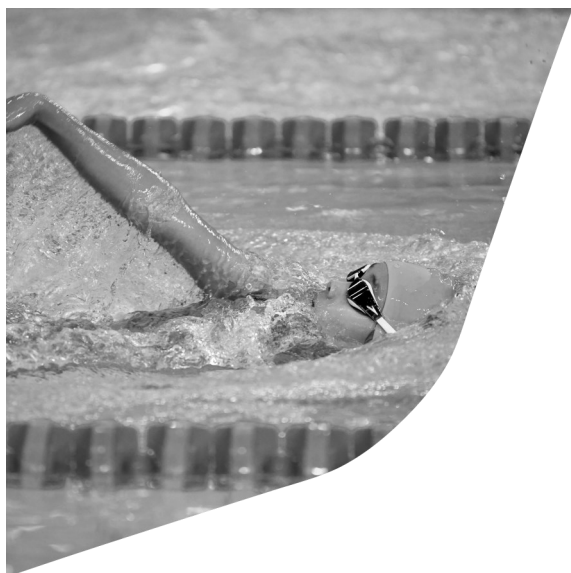




Programme of Events

Session 1	Warm Up TBC			Start TBC	
Event No.	101	25m Butterfly	Girls	7/u, 8	HDW
	102	25m Butterfly	Boys	7/u, 8	HDW
	103	50m Butterfly	Girls	8, 9, 10, 11-12	HDW
	104	50m Butterfly	Boys	8, 9, 10, 11-12	HDW
	105	50m Backstroke	Girls	7/u, 8, 9, 10, 11-12	HDW
	106	50m Backstroke	Boys	7/u, 8, 9, 10, 11-12	HDW
	107	100m Freestyle	Girls	8, 9, 10, 11-12	HDW
	108	100m Freestyle	Boys	8, 9, 10, 11-12	HDW
	109	50m Breaststroke	Girls	7/u, 8, 9, 10, 11-12	HDW
	110	50m Breaststroke	Boys	7/u, 8, 9, 10, 11-12	HDW
	111	50m Freestyle	Girls	7/u, 8, 9, 10, 11-12	HDW
	112	50m Freestyle	Boys	7/u, 8, 9, 10, 11-12	HDW





Hamilton Aquatics First Series Cut Off Times

This competition is run under Hamilton Aquatics Promoters Conditions

	Female					EVENTS	Male				
	8yrs	9yrs	10yrs	11yrs	12yrs		8yrs	9yrs	10yrs	11yrs	12yrs
Cut Off Time	00:44.71	00:42.58	00:39.43	00:36.53	00:34.79	50m Freestyle	00:41.03	00:39.07	00:37.21	00:35.44	00:33.97
Cut Off Time	01:32.17	01:27.78	01:20.14	01:16.43	01:15.67	100m Freestyle	01:29.71	01:25.44	01:21.37	01:17.50	01:13.63
Cut Off Time	00:52.46	00:49.96	00:45.90	00:42.35	00:40.67	50m Backstroke	00:47.05	00:44.81	00:42.67	00:40.64	00:39.21
Cut Off Time	00:59.83	00:56.98	00:51.60	00:47.43	00:44.97	50m Breaststroke	00:54.43	00:51.84	00:49.37	00:47.02	00:43.76
Cut Off Time	00:50.50	00:48.09	00:43.50	00:40.19	00:38.08	50m Butterfly	00:44.16	00:42.06	00:40.05	00:38.15	00:36.72

* 8/under swimmers can enter 25m Butterfly with NT

Hamilton Aquatics First Series Speed Limits

Any swimmer who swims faster than the below Speed Limits will receive a speeding ticket

	Female					EVENTS	Male				
	8yrs	9yrs	10yrs	11yrs	12yrs		8yrs	9yrs	10yrs	11yrs	12yrs
Speed Limit	00:42:00	00:40:00	00:37:00	00:34:00	00:32:00	50m Freestyle	00:39:00	00:37:00	00:35:00	00:33:00	00:31:00
Speed Limit	01:30:00	01:25:00	01:18:00	01:16:00	01:13:00	100m Freestyle	01:27:00	01:23:00	01:19:00	01:15:00	01:11:00
Speed Limit	00:50:00	00:47:00	00:43:00	00:40:00	00:38:00	50m Backstroke	00:45:00	00:42:00	00:40:00	00:38:00	00:37:00
Speed Limit	00:57:00	00:54:00	00:49:00	00:45:00	00:42:00	50m Breaststroke	00:52:00	00:49:00	00:50:00	00:45:00	00:41:00
Speed Limit	00:48:00	00:46:00	00:41:00	00:38:00	00:36:00	50m Butterfly	00:42:00	00:40:00	00:38:00	00:36:00	00:34:00

