



ENTRY PACK

# HAMILTON AQUATICS SUMMER SIZZLER

|              |                       |
|--------------|-----------------------|
| <b>Date</b>  | 26-27 June 2027       |
| <b>Venue</b> | Hamdan Sports Complex |
| <b>Pool</b>  | 50m,10 lanes          |

**Entry Deadline:**

31 May 2027 (12 Midday-GST)

**Withdrawal Deadline:**

7 June 2027 (12 Midday-GST)

# Entry Information

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## Age Group

Girls: 12/u,13,14-15,16/over  
Boys: 12/u,13,14,15-16,17/over

**Age as of 31 December 2027**

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## Events

50m on all strokes  
100m on all strokes  
200m on all strokes  
200m Individual Medley  
400m Individual Medley (Maximum of 5 heats)  
400m Freestyle (Maximum of 6 heats)  
800m Freestyle Mixed (Maximum of 2 heats)

Finals for 100m on all strokes

All other events will be heat declared winner

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## Awards

**Medals for 1st to 3rd**

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## Entry Fees

**(Inclusive of VAT)**

AED 65 per event (for teams entering using Hy-Tek)  
AED 75 per event (for paper entries)

**Instructions on entering using Hy-Tek are available on the Hamilton Aquatics website [here](#)**

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# Entry Information

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## Entries:

Team entries should be made using Hy-Tek and sent via email to [competitions@hamiltonaquatics.ae](mailto:competitions@hamiltonaquatics.ae)

The entry file and entry form is available on request.

All individual entries MUST be made via email to

[competitions@hamiltonaquatics.ae](mailto:competitions@hamiltonaquatics.ae).

All entries MUST have a proof of time and should be sent with the entries.

By submitting entry, participants agree to the conditions of entry for the competition and the [Hamilton Aquatics Promoters Conditions](#).

## Entry conditions:

Any Hamilton Aquatics swimmers that qualify for 4 or more individual events may enter up to 4 additional events, not exceeding a total of 8 events over the competition weekend.

800m Freestyle will be limited to a maximum of two mixed-gender heats, with the 20 fastest entered swimmers accepted based on submitted entry times supported by valid proof of time.

Swimmers will be considered for entry if their entry time is faster than the advertised consideration times. In the event of oversubscription, the slowest swimmers in each age group, in each event, will be rejected – this applies to visiting clubs only.

## Payments:

A single payment covering all entries must be made by each entering club or individual. Payments must be made in advance via Bank Transfer or by a cheque and delivered to Hamilton Aquatics Office at 504 Detroit House Building, Motor City, Dubai. Cheques must be made payable to "Hamilton Aquatics Swimming Training". Bank transfer information is noted on the invoice. Cash payments will not be accepted on event day.

## Coach passes:

AED 100 for the weekend.

One **FREE** coach pass will be issued per academy.

If you require more coach passes, please email

[competitions@hamiltonaquatics.ae](mailto:competitions@hamiltonaquatics.ae).

Entered teams must have one coach attending for every 15 swimmers. One FREE coach pass will be issued per entered team. Teams will be issued and charged for (1) additional coach pass for every 15 additional swimmers or part thereof.

Team managers, strength and conditioning coaches, masseuses and other team staff all require a coach pass to access the swimmer's area and poolside.

Please note that Coach passes will only be issued with a valid UAE Aquatics membership or proof of home country Swimming Federation membership. Any coach pass purchased on the day will be subject to an additional AED 50 administration fee.

## Warm-ups:

Full details will be available together with final information.

## Cool-Down Pool (Diving Pool)

The cool-down pool will be available during this competition. Full details will be provided in the Final Information document.

## Spectators:

(inclusive of VAT)

AED 30 per session

AED 50 full day.

Children under 12 years are free.

Spectator tickets must be purchased in advance, via the following link (tickets will be released one week prior to the event):

<https://esm.ae/buy-ticket/events/guest>

The spectator ticket purchased at the door using the POS system will be charged an extra AED10 per ticket.

## Meet Mobile:

The Meet Mobile App is available to download from the Apple App Store (iPhone) and Google Play. The app provides access to heat sheets and results throughout the weekend. Please note that access to the app's features is subject to a paid subscription.

All swimmers entering Hamilton Aquatics Competitions with a UAE based club should be registered with the UAE Aquatics. Overseas swimmers should be registered with the Swimming Federation or National Governing Body with which their club is affiliated. Hamilton Aquatics reserve the right to reject entries if either of these stipulations are not adhered to.

# Programme of Events

## Session 01

Warm Up 8:00 | Start 9:00

| Event No. | Event                  | Gender | Category                     |       |
|-----------|------------------------|--------|------------------------------|-------|
| 101       | 400m Individual Medley | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 102       | 400m Individual Medley | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 103       | 100m Freestyle         | Girls  | 12/u, 13, 14-15, 16/over     | Heat  |
| 104       | 100m Freestyle         | Boys   | 12/u, 13, 14, 15-16, 17/over | Heat  |
| 105       | 200m Backstroke        | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 106       | 200m Backstroke        | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 107       | 50m Butterfly          | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 108       | 50m Butterfly          | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 109       | 100m Freestyle         | Girls  | 12/u, 13, 14-15, 16/over     | Final |
| 110       | 100m Freestyle         | Boys   | 12/u, 13, 14, 15-16, 17/over | Final |

## Session 02

Warm Up 13:00 | Start 14:00

| Event No. | Event                  | Gender | Category                     |       |
|-----------|------------------------|--------|------------------------------|-------|
| 201       | 200m Individual Medley | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 202       | 200m Individual Medley | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 203       | 100m Butterfly         | Girls  | 12/u, 13, 14-15, 16/over     | Heat  |
| 204       | 100m Butterfly         | Boys   | 12/u, 13, 14, 15-16, 17/over | Heat  |
| 205       | 50m Freestyle          | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 206       | 50m Freestyle          | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 207       | 200m Breaststroke      | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 208       | 200m Breaststroke      | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 209       | 800m Freestyle         | Mixed  | Open                         | HDW   |
| 210       | 100m Butterfly         | Girls  | 12/u, 13, 14-15, 16/over     | Final |
| 211       | 100m Butterfly         | Boys   | 12/u, 13, 14, 15-16, 17/over | Final |

# Programme of Events

## Session 03

Warm Up 8:00 | Start 9:00

| Event No. | Event            | Gender | Category                     |       |
|-----------|------------------|--------|------------------------------|-------|
| 301       | 200m Freestyle   | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 302       | 200m Freestyle   | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 303       | 100m Backstroke  | Girls  | 12/u, 13, 14-15, 16/over     | Heat  |
| 304       | 100m Backstroke  | Boys   | 12/u, 13, 14, 15-16, 17/over | Heat  |
| 305       | 50m Breaststroke | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 306       | 50m Breaststroke | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 307       | 200m Butterfly   | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 308       | 200m Butterfly   | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 309       | 100m Backstroke  | Girls  | 12/u, 13, 14-15, 16/over     | Final |
| 310       | 100m Backstroke  | Boys   | 12/u, 13, 14, 15-16, 17/over | Final |

## Session 04

Warm Up 13:00 | Start 14:00

| Event No. | Event             | Gender | Category                     |       |
|-----------|-------------------|--------|------------------------------|-------|
| 401       | 400m Freestyle    | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 402       | 400m Freestyle    | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 403       | 100m Breaststroke | Girls  | 12/u, 13, 14-15, 16/over     | Heat  |
| 404       | 100m Breaststroke | Boys   | 12/u, 13, 14, 15-16, 17/over | Heat  |
| 405       | 50m Backstroke    | Girls  | 12/u, 13, 14-15, 16/over     | HDW   |
| 406       | 50m Backstroke    | Boys   | 12/u, 13, 14, 15-16, 17/over | HDW   |
| 407       | 100m Breaststroke | Girls  | 12/u, 13, 14-15, 16/over     | Final |
| 408       | 100m Breaststroke | Boys   | 12/u, 13, 14, 15-16, 17/over | Final |

# Qualifying Times

| FEMALE             |                          |                    |          |          |            |
|--------------------|--------------------------|--------------------|----------|----------|------------|
|                    | Events                   | 12yrs              | 13yrs    | 14-15yrs | 16yrs/over |
| Qualifying Time    | 50m Freestyle            | 00:33.34           | 00:33.38 | 00:32.26 | 00:31.56   |
| Consideration Time |                          | 00:38.35           | 00:38.38 | 00:37.10 | 00:36.30   |
| Qualifying Time    | 100m Freestyle           | 01:13.25           | 01:12.52 | 01:09.72 | 01:08.54   |
| Consideration Time |                          | 01:24.23           | 01:23.40 | 01:20.17 | 01:18.82   |
| Qualifying Time    | 200m Freestyle           | 02:40.15           | 02:38.12 | 02:31.97 | 02:28.87   |
| Consideration Time |                          | 03:04.17           | 03:01.83 | 02:54.77 | 02:51.20   |
| Qualifying Time    | 400m Freestyle           | 05:37.79           | 05:31.99 | 05:20.91 | 05:13.99   |
|                    |                          | Maximum of 6 heats |          |          |            |
| Qualifying Time    | 50m Backstroke           | 00:38.98           | 00:37.78 | 00:36.05 | 00:35.83   |
| Consideration Time |                          | 00:44.83           | 00:43.45 | 00:41.45 | 00:41.20   |
| Qualifying Time    | 100m Backstroke          | 01:23.55           | 01:22.62 | 01:19.32 | 01:17.75   |
| Consideration Time |                          | 01:36.08           | 01:35.01 | 01:31.22 | 01:29.41   |
| Qualifying Time    | 200m Backstroke          | 03:00.48           | 02:55.64 | 02:50.73 | 02:46.21   |
| Consideration Time |                          | 03:27.56           | 03:21.99 | 03:16.34 | 03:11.14   |
| Qualifying Time    | 50m Breaststroke         | 00:43.10           | 00:41.03 | 00:39.51 | 00:39.01   |
| Consideration Time |                          | 00:49.57           | 00:47.18 | 00:45.44 | 00:44.87   |
| Qualifying Time    | 100m Breaststroke        | 01:33.46           | 01:33.77 | 01:29.73 | 01:28.15   |
| Consideration Time |                          | 01:47.48           | 01:47.84 | 01:43.19 | 01:41.37   |
| Qualifying Time    | 200m Breaststroke        | 03:21.07           | 03:21.75 | 03:13.65 | 03:10.74   |
| Consideration Time |                          | 03:51.23           | 03:52.01 | 03:42.70 | 03:39.35   |
| Qualifying Time    | 50m Butterfly            | 00:36.49           | 00:35.07 | 00:33.74 | 00:33.29   |
| Consideration Time |                          | 00:41.96           | 00:40.33 | 00:38.80 | 00:38.28   |
| Qualifying Time    | 100m Butterfly           | 01:23.12           | 01:21.45 | 01:17.64 | 01:15.51   |
| Consideration Time |                          | 01:35.59           | 01:33.67 | 01:29.28 | 01:26.84   |
| Qualifying Time    | 200m Butterfly           | 03:09.84           | 03:03.00 | 02:54.88 | 02:49.63   |
| Consideration Time |                          | 03:38.31           | 03:30.45 | 03:21.11 | 03:15.08   |
| Qualifying Time    | 200m Individually Medley | 03:01.00           | 02:58.33 | 02:52.73 | 02:48.69   |
| Consideration Time |                          | 03:28.15           | 03:25.08 | 03:18.64 | 03:14.00   |
| Qualifying Time    | 400m Individually Medley | 06:24.60           | 06:21.87 | 06:06.88 | 05:59.89   |
|                    |                          | Maximum of 5 heats |          |          |            |

Times can be achieved in either a 25m or 50m pool. 25m times must be converted to 50m times. Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 12 months. The promoter will request validation of any stated entry time.

# Qualifying Times

| MALE               |                          |                    |          |          |          |                |
|--------------------|--------------------------|--------------------|----------|----------|----------|----------------|
|                    | Events                   | 12yrs              | 13yrs    | 14yrs    | 15-16yrs | 17yrs/<br>over |
| Qualifying Time    | 50m Freestyle            | 00:32.56           | 00:31.14 | 00:29.62 | 00:29.32 | 00:28.13       |
| Consideration Time |                          | 00:37.44           | 00:35.81 | 00:34.06 | 00:33.72 | 00:32.35       |
| Qualifying Time    | 100m Freestyle           | 01:10.57           | 01:07.51 | 01:04.67 | 01:03.67 | 01:01.60       |
| Consideration Time |                          | 01:21.15           | 01:17.64 | 01:14.38 | 01:13.22 | 01:10.84       |
| Qualifying Time    | 200m Freestyle           | 02:34.11           | 02:28.03 | 02:21.99 | 02:19.60 | 02:15.57       |
| Consideration Time |                          | 02:57.23           | 02:50.24 | 02:43.29 | 02:40.54 | 02:35.91       |
| Qualifying Time    | 400m Freestyle           | 05:26.21           | 05:15.39 | 05:01.55 | 04:57.27 | 04:47.91       |
|                    |                          | Maximum of 6 heats |          |          |          |                |
| Qualifying Time    | 50m Backstroke           | 00:37.58           | 00:35.60 | 00:34.26 | 00:32.99 | 00:32.18       |
| Consideration Time |                          | 00:43.21           | 00:40.94 | 00:39.40 | 00:37.94 | 00:37.00       |
| Qualifying Time    | 100m Backstroke          | 01:19.74           | 01:17.59 | 01:13.38 | 01:12.84 | 01:10.48       |
| Consideration Time |                          | 01:31.70           | 01:29.23 | 01:24.38 | 01:23.77 | 01:21.05       |
| Qualifying Time    | 200m Backstroke          | 02:53.17           | 02:48.78 | 02:39.64 | 02:38.58 | 02:34.44       |
| Consideration Time |                          | 03:19.15           | 03:14.09 | 03:03.58 | 03:02.37 | 02:57.61       |
| Qualifying Time    | 50m Breaststroke         | 00:41.93           | 00:40.33 | 00:38.51 | 00:36.64 | 00:36.07       |
| Consideration Time |                          | 00:48.22           | 00:46.38 | 00:44.29 | 00:42.13 | 00:41.48       |
| Qualifying Time    | 100m Breaststroke        | 01:30.44           | 01:26.25 | 01:22.69 | 01:21.95 | 01:19.66       |
| Consideration Time |                          | 01:44.00           | 01:39.18 | 01:35.09 | 01:34.24 | 01:31.61       |
| Qualifying Time    | 200m Breaststroke        | 03:17.77           | 03:08.48 | 03:00.37 | 02:58.90 | 02:53.06       |
| Consideration Time |                          | 03:47.44           | 03:36.76 | 03:27.43 | 03:25.74 | 03:19.01       |
| Qualifying Time    | 50m Butterfly            | 00:35.19           | 00:33.69 | 00:32.09 | 00:30.57 | 00:29.80       |
| Consideration Time |                          | 00:40.47           | 00:38.75 | 00:36.90 | 00:35.15 | 00:34.27       |
| Qualifying Time    | 100m Butterfly           | 01:18.08           | 01:15.42 | 01:11.53 | 01:09.91 | 01:07.40       |
| Consideration Time |                          | 01:29.79           | 01:26.73 | 01:22.26 | 01:20.39 | 01:17.51       |
| Qualifying Time    | 200m Butterfly           | 03:03.15           | 02:53.79 | 02:41.74 | 02:36.83 | 02:32.63       |
| Consideration Time |                          | 03:30.63           | 03:19.86 | 03:06.00 | 03:00.36 | 02:55.52       |
| Qualifying Time    | 200m Individually Medley | 02:53.25           | 02:46.42 | 02:39.82 | 02:38.94 | 02:34.59       |
| Consideration Time |                          | 03:19.23           | 03:11.38 | 03:03.79 | 03:02.78 | 02:57.78       |
| Qualifying Time    | 400m Individually Medley | 06:10.26           | 05:58.30 | 05:40.32 | 05:38.10 | 05:27.99       |
|                    |                          | Maximum of 5 heats |          |          |          |                |

Times can be achieved in either a 25m or 50m pool. 25m times must be converted to 50m times. Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 12 months. The promoter will request validation of any stated entry time.



**Entry Deadline:**

31 May 2027 (12 Midday-GST)

**Withdrawal Deadline:**

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